

## Peace At Home Parenting May 2022 Live Class Schedule

- Conversations That Build Character, May 3 at 8 PM ET
- Positive Discipline for Toddlers and Preschoolers, May 9 at 8 PM ET
- How to Help your Child with Special Needs to Make Friends, May 10 at 12 PM ET
- Mental Health Essentials for Parents: Knowledge and Skills to Support Your Child, May 11 at 12
   PM ET
- Navigate Challenging CoParenting Relationships, May 13 at 12 PM ET
- Calm Anxious Children with Mindfulness, May 16 at 8 PM ET
- You have questions, We have answers. On the Spot, May '22 Q&A with Ruth, May 18 at 12 PM

  ET
- Healthy Birth Toolkit, May 18 at 8 PM ET